



# Beaver Valley Probus Club

## The Grapevine for March 2016

Box 148, Clarksburg, Ontario N0H 1J0

Volume 16, Issue 3

### Current Activities

by Convener Joan Hammond

[\(Details\)](#)

Backroads Cycling  
Birding  
Book Club Chapter One  
Book Club Chapter Two  
Book Club Chapter Three  
Book Club Chapter Four  
Book Exchange  
BVP Computer Group  
Canoe / Kayak  
Casual Dining  
Chess  
Cooking Together  
Cue Sports  
Digital Photography  
Dining Around Town  
Dining with Flair  
Euchre  
Gardening  
Golf  
Hiking  
Marsh Street Painters  
Nordic Pole Walking  
Recreational Cycling  
Scrabble  
Singles Gourmet  
Ski Legends  
Snowshoeing  
Stitch & Bitch  
Support Group  
Travel Group  
Activity groups are self sustained.  
Participate – Volunteer  
but above all - have fun and enjoy

**"Please be advised that all events and activities of the Beaver Valley Probus Club are organized for the benefit and enjoyment of its Members. Individuals who participate do so at their own risk and are responsible for their own safety".**

### President's Message

*Joanne Vivona*



205 diners enjoyed the traditional comfort food luncheon prior to our Annual General Meeting, which even more members attended. The meeting was called to order by retiring Club President Howard Kitchen. Past President Catharine Pepper introduced the slate of new Board members. The Financial Report was presented by Jim Scott, our Treasurer. The club has sixty nine new members, and we welcomed over thirty of them who attended the meeting. Finally, Howard Kitchen passed on the gavel to the incoming President, Joanne Vivona.

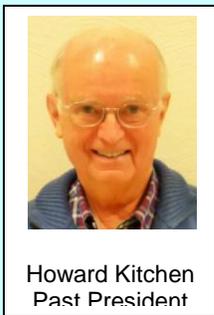
Now begins the planning and implementation of events by the enthusiastic new Board for all who enjoy our Beaver Valley Probus.

**The next monthly meeting on Tuesday, March 22 signals the Activity Fair, in the hands of Kathie O'Malley.** Members new and established can sign up for, or update participation in, our more than thirty thriving activities. One can choose to be sedentary, intellectual, or athletic. Our volunteers have it all for us.

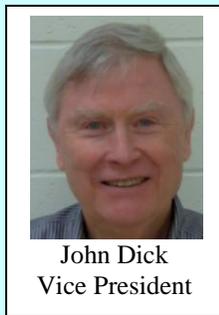
So remember – there will be no speaker at the March meeting. See you at the Fair.

The photos below of some of the Board members were taken at the AGM. Pat Wright and Marg Eldergill are new members of the team. Two other newcomers (not pictured) to the management team are Kathie O'Malley and Harvey Wormald.

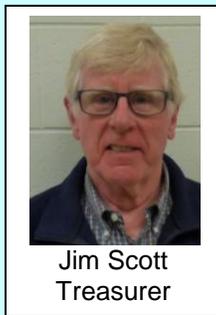




Howard Kitchen  
Past President



John Dick  
Vice President



Jim Scott  
Treasurer



Pat Wright  
Director at  
Large



Margaret Eldergill  
Secretary

## COMING EVENTS

### Stratford

Come and enjoy "Shakespeare in Love" at the Avon Theatre in Stratford on Thurs Oct 13, 2016, 2:00pm matinee. "A young playwright named Will Shakespeare comes down with writer's block – until he finds a muse. Art mirrors life in a hilarious and passionate tale of romance and backstage fun."

Ticket cost is \$111.00 which includes theatre, bus and lunch at Anna Mae's in Millbank. Sign up sheets will be at the back of the room at our March meeting. Payment by cheque only.

### Activity Group Update

**SKI LEGENDS:** March is here and another ski season is winding down. We have one more special ski day, March 16th at Georgian Peaks, an event you should try your best to attend. We also have two more ski trips, March 19th - March 26th at Sun Peaks and April 5th - April 12th at Whistler, both in British Columbia. Further information can be found on our website [www.probuskilegends.com](http://www.probuskilegends.com) Please continue to check this site throughout the year, and stay on top of what is happening with your local ski and social club.

Your ski legends representatives for this winter are *Louise Donegani, Bruce Trimbee, and Wilf Phillips*

**CASUAL DINING:** Last month there were 33 diners who enjoyed delicious home-cooked meals at four dinner locations. Our February hosts were Ann & Grant Parsons, Ann Cox & Vanda Kilpen, Mary Anne & Brian Lawrie, and Wendy & John Gillies. Come out to the Activity Fair at the March Probus meeting and sign up for your opportunity to be part of this merry group. *Marge & Dave Allin*

**BOOK EXCHANGE:** Bring a Book Take a Book: Don't forget to visit the Book Exchange table at the Activities Fair. We will be open for business so bring a book that you have enjoyed reading and exchange it for another good read. All books must be current and in good condition. *Nancy Hart*

**TRAVEL:** A new coordinator is required to gather together a group. The survey showed that popular requests are Iceland, Ireland, Poland. This is a good start.

**SINGLES GOURMET:** My annual favourite lunch is usually late Feb, cozy around a fire, bitterly cold outside, enjoying a long leisurely lunch with members of our group. Not this year. Balmy, warm, BBQ weather. What a surprise. Our Italian food was wonderful and great conversation. In March, we are back to evening dining at 6pm. It is an equinox event with a theme of SEAFOOD. Our hosts are Bev Johnston and Deb Malkiewich. *Gloria Thompson*

**POTTERY MAKING:** Have you ever been interested in pottery, slab work, or hand building? Stop by the table at the Activity Fair at the next meeting, and check out the possibilities. Class size is limited and there is a small cost for materials. I will have some sample pieces to show. *Pam Hawkins*

## For the Birds



Elske and I are avid through-the-window bird watchers. A few days ago we were doing just that, when suddenly the birds at the feeder scattered. A Mourning Dove crashed into the window as we stood there. It fell to the ground and within seconds a Sharp-Shinned or Cooper's Hawk swooped in and carried off the mortally wounded bird. Now there are those that say we set the small birds up by attracting them to our feeders. Yes, perhaps. But then I imagine the same scenario takes place quite often out of our sight, in the bush or on the fields. Nature is both beautiful and cruel. That's the way it is, has been and always will be. *Peter Edwards*

## SPRING IS IN THE AIR

Art Show and Sale

The Marsh Street Painters

Meaford Hall Arts and Cultural Centre March 7 – April 30

Opening Reception 2-4 pm, Saturday, March 12

### The Master Gardener's Corner

*Things to do in your garden each month taken from the Ontario Master Gardener Calendar by John Hethrington, Past President, Master Gardeners of Ontario. For more information, or your copy of the 11" x 17" calendar of the full year's tips for a \$1 contribution to Master Gardeners, call 519-599-5846.*

#### Things to do in or for your garden in - March

- Start tuberous begonias and caladiums in pots using damp peat moss.
- Start brassicas (cabbage family) and hardy annual seeds for April-May planting in your garden.
- Start tomatoes, lettuce and other fast growing seeds late March, or early April this year.
- Order summer flowering bulbs.
- Get your To Do list for this spring and summer into your computer so you can't say you lost it.
- Check and repair gardening tools. Find them first. Sharpen spades, shovels, etc. Wipe down wooden handles with boiled linseed oil. Paint the handles of small hand tools like trowels with red or yellow fluorescent enamel, so you won't lose them so often.
- Apply combination dormant spray to fruit trees and pest prone shrubs when non-freezing weather permits and the snow drifts come down in March. Especially good against scale.
- Start forcing branches of spring-flowering shrubs like Forsythia and lily-of-the-valley root pips after buds start to swell, later in the month.
- Prune summer-flowering shrubs and vines as the snow recedes.
- When the snow is gone, loosen up packed winter mulch and press back perennials heaved out of place by the frost.
- Plan to add a few native berry plants and shrubs that will attract birds this summer.
- Visit local nursery greenhouses to smell the coming spring.
- Check dates for annual garden shows like Canada Blooms, Mar 11 – 20 2016, co-locating with the National Home Show at the Encare Centre in the CNE grounds. Tickets \$17, Seniors \$14. No knowledge of a bus from here. Probably not this year. Check out [www.canadablooms.com](http://www.canadablooms.com)



## Our Speaker for April

Our speaker for the April 26 Probus meeting is Sandra Hong, the Public Education Coordinator for the Alzheimer Society of Grey\Bruce.

Her experience has grown from her work in hospital, community and long term care facilities. For the past six years, Sandra's role has been to educate health care professionals and caregivers on best practices in dementia care. Through the programs offered by the Alzheimer Society of Grey\Bruce, Sandra is able to help individuals with a diagnosis of dementia in understanding the diagnosis and to focus on their abilities not their deficits and to adapt to the challenges in their lives.

The Awareness Campaign this year was titled "BE THERE FOR THOSE WHO ARE #STILL HERE".

Sandra looks forward to meeting and informing everyone!

## Support Group

### News from the Support Group

To bring you up to date, your Support Group now includes 16 of us, who are more than willing to help out our members whenever circumstances make it difficult for anyone to cope. We would also like to take this opportunity to point out some local services that you might not yet be aware of.

Beaver Valley Outreach (BVO) is willing to organize the delivery of food orders from Foodland to members who are temporarily housebound. Orders must go in Wednesday, to be delivered Thursday. Please call BVO directly (519-599-2577), or get in touch with the Support Group's monthly contact for more assistance.

For those who aren't already aware, the First Baptist Church in Thornbury has quite a bit of equipment (walkers, canes, wheelchairs, bath chairs) for the temporary use of incapacitated people (519-599-6247). Please consider not only the use of this service, but also the possible donation of your own no-longer-needed stuff!

And again, we would like to remind our members that a trained grief counsellor is available when needed. And don't forget, there is a variety of support available to seniors by calling "211", a provincial government service, which can also direct you to appropriate help.

Finally, please know that all of us in the Probus Support Group are here for you. Don't hesitate to let us know of any of our members who may need some help; call me, or the local contact listed monthly in the *Grapevine*. And be sure to look for our display table at the upcoming Activities Fair!

The Support Group contact for March is Phyllis Thomas; Mary Armstrong will be the contact for April.

*Carol Hethrington, coordinator*

## Grapevine Team

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Rena Gould

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Opportunities for you!

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### Website Maintenance

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Cheryl Besley

### Technical Advisor

Mike Seagram

## The Last Word

*Submitted by Past President Howard Kitchen*

"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade."

--Charles Dickens, *Great Expectations*