



Beaver Valley Probus Club

The Grapevine for October 2014

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Club Activities

by Convener Joan Hammond

[\(details\)](#)

- Backroads Cycling
 - Book Club Chapter One
 - Book Club Chapter Two
 - Book Club Chapter Three
 - Birding
 - BVP Computer Group
 - Canoe / Kayak
 - Casual Dining
 - Chess
 - Cooking Together
 - Cue Sports
 - Digital Photography
 - Dining with Flair
 - Euchre
 - Gardening
 - Golf
 - Hiking
 - Marsh Street Painters
 - Nordic Pole Walking
 - Recreational Cycling
 - Scrabble
 - Singles Gourmet
 - Ski Legends
 - Snowshoeing
 - Stitch & Bitch
 - Support Group
 - Table Tennis
 - Wood Carving
- Activity groups are self sustained.
Participate – Volunteer
but above all-have fun and enjoy

“Please be advised that all events and activities of the Beaver Valley Probus Club are organized for the benefit and enjoyment of its Members. Individuals who participate do so at their own risk and are responsible for their own safety”.

President’s Message



Reading from the Probus Letter, published by Probus Centre Canada, it reports there are 232 active clubs in Canada and in Maine, USA with a total of 32,000 active members. Three new clubs received their charter in 2014. The Centre publishes a yearly national directory with information about each club and we do pay annual dues. In March, 2013, the first celebration of a National Probus Month was held to raise awareness within communities of our clubs.

It was very pleasant to greet members returning after a summer hiatus and to listen to the interesting speaker on building of homes and subdivisions. Our October speaker will also be entertaining albeit trickier.

It is getting closer to year end when we renew our memberships. Our revised renewal form will contain the waiver for signing similar to most clubs now. There are two places to sign, the waiver and your cheque. Terry Kellar is looking for pictures of Canadian scenes, sites, to augment his collection shown as our National Anthem is played for each meeting--do send any current ones to him.

Regards

Catharine Pepper

The **Membership Renewal** forms are being mailed to our members this month. Please complete the forms and return with your cheque (payable to Beaver Valley Probus Club) as soon as possible. They can be mailed, as shown on the form, or returned at the October or November meetings.

Remember to sign the waiver, it is required for renewal.

Note: the due date is December 1st.

It is appreciated if you could immediately advise Terry or Vicki, Membership, if you are not renewing.



PROBUS CHRISTMAS BRUNCH

Tuesday 9th Dec 2013

This year at the Lora Bay Club

Time to be confirmed



Tickets will be on sale at the October and November Probus meetings:

Cheques only please.

Only 150 tickets will be available, so book early

Cost is not yet determined; similar to last year

the menu is not yet finalized; similar but different than last year

Activity Group Update

STITCH & BITCH The Stitch and Bitch Crafts Group of six to eight people meets the first Monday of the month at 1:30 p.m. Participants bring any kind of needlework they are interested in doing such as knitting, crocheting, embroidery, and cross-stitch. It is a relaxing afternoon working on a hobby and chatting with friends. New members are welcome. *Sheila Churchill*

COOKING TOGETHER GROUP At their monthly meeting in September, 19 cooks met in 3 kitchens to prepare various dishes - appetizers, salad, casserole, cookies, dessert - all featuring DATES! The morning ended with a joint tasting session to assess the recipes, the methods and our results. This month's organizers, led by Pat Adams, included Sharyl Peterson, Eileen Scott, Eileen Robinson and Debbie Catto.

For a great recipe: **Dates with Feta & Prosciutto** [Click here](#)

Did you know that historically, dates were considered the "Bread of the Desert" because they provided concentrated food energy that could easily be stored and carried on long journeys. They also helped control food cravings. Dates are loaded with potassium, iron, calcium, selenium and magnesium – all important for the maintenance of healthy bone development and strength. They are high in natural sugars and contain virtually no fat. They are the perfect snack for an immediate burst of energy. They score low on the glycemic index when consumed in moderation... good news for diabetics. Dates have high levels of soluble fibre. Just one Medjool date contains 2g of fibre. It is even claimed that they can prevent severe hangovers!

The October session will be on homemade doughs - pizza and no-knead bread.

Early December will be our annual Christmas Appetizer session - making new recipes in 5 or more kitchens and sharing all in a get-together. Because of the logistics involved in organizing the large group of 38 cooks, we are not currently accepting new members but would assist anyone wishing to start a second group.

Gayle Smithson

DINING WITH FLAIR is off to a wonderful start with 23 members dining last week on the most beautiful September evening. There were 3 hosting homes with 5-6 guests at each. John Dick, along with Jan Reid hosted, as well as Shellie and Al Smith and Carolyn and Ernie Leonetti. I do not know what the menu was at each home but fresh fish was BBQ'd by John Dick at his home on the bay, and a magnificent sunset was enjoyed by that group as well as great camaraderie well into the evening. Each month on the 4th Thursday, dinners will be planned by those members interested in attending. Various different events will be tried throughout the year and if you would be interested in joining us to see what it is all about, give one of the committee members a call or email. Many enjoyed a Picnic with a Twist in June before we broke for the summer. Our December diners may enjoy something a little different, so wait and see. In the mean time we have Oct and Nov to look forward to. *Debbie Catto*

4th BOOK CLUB A fourth book club has been formed and we are open for new members. We meet the third Tuesday of the month from 2 - 4 pm. Contact *Cathie Gellatly*

THE DIGITAL CAMERA group took the summer off but met Thursday Sept 18th for a private tour of the photo art show at the L.E. Shore Library. The show features the work of local photographer Robert Burcher. Robert described the artistic and technical aspects of each of the photographs on display. About 20 of our group attended and found the session very informative.

Our next get together will be at the Smith's home on Wed. Oct. 15 when we will show the results of our summer photo sessions on the subject of "Local Architecture" plus view another instructional video from the series by photographer Joel Sartore.

Peter & Ann Smith

SINGLES GOURMET Our Quebec themed dinner produced poutine, maple syrup dishes, native rice and beans, and lots of Quebec cheeses. Our next theme is East Coast Canada. The hosts are Jeanette Mount and Mary Dillon. The date is 26 Oct at 6pm. Welcome to the group Jeanette. I would like to convey our sympathy to our long-time member Nancy Jackson. The recent loss of her delightful husband will be very difficult and painful. He sure loved our "leftovers". *Gloria Thompson*

Community Announcements

Members of Beaver Valley Probus are reminded that Community Announcements are read at our monthly meetings by the Vice President. Items of interest should be sent to Howard Kitchen by email, by surface mail or delivered to his home **in advance of the day of the meeting**. Contact information for Howard is available in the membership directory. There is a mail box at Howard's home beside the front door for those who wish to use it. Long notices may be summarized in the interest of time. The Club is happy to promote local events and activities for other organizations.

Natural Laws each month we include
One of these snippets



LAW OF RANDOM NUMBERS- If you dial a wrong number, you never get a busy signal; *someone always answers.*

Management Team for 2014-2015 This month Featuring John Dick, Director at Large

John was born in Timmins, Ontario and spent most of his childhood in the Ottawa Valley before moving to Montreal. He graduated from university with a business degree and pursued a career with The Steel Company of Canada (Stelco). John and his wife, Barbara started dating at university. They were married in 1961 and raised three wonderful children.

In 1967, John was transferred to head office in Hamilton where he worked in Information Technology. They bought a cottage at Christie Beach in 1971. When they were both retired they rebuilt the cottage so that they could spend more time in this area. After joining the Probus Club in 2001, they decided to move here permanently in order to enjoy the many activities offered.

When Barbara's health declined, John purchased a condo at Riverwalk in Thornbury. John enjoys golfing and skiing. He continues to be active in many of the Probus groups and still co-ordinates the Snowshoeing group along with Eileen and Dave Robinson.

John states that the Probus Club has made his life "richer" and that he is very appreciative of the support he has received in the last few year from friends he has made in the club.

Submitted by *Caroline Bacher*

AN 'APOLOGY' FROM THE EDITOR

Well following my plea at the last meeting you have submitted so much for the newsletter that I have run out of space, which will mean moving some to the November addition. BUT DO NOT STOP keep the submissions flowing
David



[Click here](#) For details

We Reached the Top



A small but enthusiastic group of our hikers reached the highest point on the Bruce Trail on Friday Sept. 26. On the beautiful sunny day we enjoyed the views over Osler Bluff, the crevice caves, the fall colours and the company. We also decided we were tree huggers. [Click here](#) for more pictures.

TRAVEL 2014 - SEPTEMBER - RHINE CANAL CRUISE

Adrienne Corti

A group of 10, Ken & Jean Kelley, their friends Norman & Robin Cromie, Phyllis Thomas, Joan Uglow, Rita Mary Cote & Adrienne Corti, set out on Sept. 18 to enjoy an overnight in Zurich followed by an 8 day canal cruise starting in Basel and ending in Amsterdam with a 4 night stay in this fascinating city.

For those of us who had travelled on large cruise ships in the past this was a welcome change. The first thing we noticed was the ease of checking in - no long line-ups, forms to fill out, credit cards to activate. Just a simple showing us to our cabins, a quick fire drill and we were soon cruising with 128 passengers on board. The meals were delicious with breakfast and lunch buffets and served dinners. The entertainment was simple and varied with classical music, piano bar and dancing music and even a fun night with staff providing the entertainment. For more of this article and for photographs [Click Here](#)

The Master Gardener's Corner

Things to do in or for your garden in – October from *John Hethrington*

Things to do in your garden each month taken from the Ontario Master Gardener Calendar by John Hethrington, Past President, Master Gardeners of Ontario. For more information, or your copy of the 11" x 17" calendar of the full year's tips for a \$1 contribution to Master Gardeners.

October:

- Trim perennials and divide them as needed. Make sure it is a cool cloudy day.
- Buy and plant spring flowering bulbs.
- Plant perennials and evergreens.
- Bring in house plants when the evenings start to cool down. Give a thorough spray first with insecticidal soap so that there are no unwanted hitchhikers going into your home.
- Fertilize lawns with low "first" number and "high" last number formulae.
- Water shrubs, evergreens and trees weekly at least until frost.

Check out this neat video clip

<https://www.youtube.com/embed/uaWA2GbcnJU>

OCTOBER SPEAKER - KEITH HUNTER, MAGICIAN.

THERE WILL BE MAGIC IN THE AIR IN OCTOBER!!

Keith Hunter lives in Orangeville where he is a member of the Orangeville Probus Club. He comes to us with excellent recommendations.

Keith performs across the country from Charlottetown, PEI, through to the Rocky Mountains of Alberta, where he performs at The Banff Springs Hotel and Chateau Lake Louise. When Keith reached the age of 85, the Association of Magicians discovered that he is the oldest magician in Canada who is still performing and that is a record!

This is not only going to be entertaining, but prove to us that “seeing is not always believing”!

The “on Stage event” is certainly appropriate as we prepare for Halloween with some very unusual “tricks”. Come and be entertained.



THE NEXT MEETING

Is on October 28th at the
Community Centre
1pm for coffee and 1.30
to start the meeting



The Quiz this month asks about events in the recent news, test your knowledge by [Clicking here](#)

October winners:

George Baker & Murray

Lamont—who else?

Newspaper Team

Editor

David Morgan

Reporters

Caroline Bacher

Nancy Seppala

Distribution

Barb Thompson

Website Maintenance

Barb Thompson

November Speaker - ERIC CONROY

The SS Keewatin: A CPR Great Lakes Steamer

Join Eric Conroy as he tells the tale of the SS Keewatin, the last of the great lakes passenger steamships still afloat. In 1908 the Keewatin went into regular service between Owen Sound and Port Arthur/Fort William. In 1912 the Keewatin moved to Port McNicoll. Later, the Keewatin became a floating museum in Saugatuck, Michigan.

Eric Conroy fell “in love” with the SS Keewatin at the early age of 17 and spent 2 summers on board as a waiter. He continued his interest by frequently travelling to Saugatuck, Michigan to assist owner R.J. Peterson. He did not know at the age of 17, that some 50 years later he would be asked to bring the Keewatin back to Port McNicoll, a stressful and epic journey. Over 5,000 people were on hand June 23, 2012 to welcome this historic vessel to its final resting place.

Eric is a qualified teacher, a successful businessman owning several retail enterprises, and a publisher of children’s magazines. He also spent 28 years volunteering with the Toronto Santa Claus Parade with the task of raising \$1.5 million dollars each year to stage the parade. Eric, now a resident of Port McNicoll, is working around the clock as CEO of The Friends of Keewatin and overseeing everything involved in restoration, repair and fundraising. The official opening occurred May 11, 2013. Eric encourages everyone to come and see the ship for themselves

Support Group

Do you know of a member who needs encouragement to get through a difficult period?

Please do not hesitate to call **Adrienne Corti** who is the contact for October or any one of the Management team.

Next months contact is Carol Hethrington

The Last Word

Submitted by Past President Peter Armstrong

"A lie gets half way around the world before truth has a chance to get its pants on"

Winston Churchill