



Beaver Valley Probus Club

The Grapevine for May 2015

Box 148, Clarksburg, Ontario N0H 1J0 Volume 15, Issue 05

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Web-Site: www.beavervalleyprobus.com

Current Activities

by Convener Joan Hammond

[\(Details\)](#)

Backroads Cycling

Birding

Book Club Chapter One

Book Club Chapter Two

Book Club Chapter Three

Book Club Chapter Four

BVP Computer Group

Canoe / Kayak

Casual Dining

Chess

Cooking Together

Cue Sports

Digital Photography

Dining with Flair

Euchre

Gardening

Golf

Hiking

Marsh Street Painters

Nordic Pole Walking

Recreational Cycling

Scrabble

Singles Gourmet

Ski Legends

Snowshoeing

Stitch & Bitch

Support Group

Table Tennis

Travel Group

Wood Carving

Activity groups are self sustained.

Participate – Volunteer

but above all-have fun and enjoy

"Please be advised that all events and activities of the Beaver Valley Probus Club are organized for the benefit and enjoyment of its Members. Individuals who participate do so at their own risk and are responsible for their own safety".

President's Message

Belonging to Probus is a wonderful experience. The club is dedicated to enriching our lives by providing occasions for learning and friendship. Probus keeps members connected to both their longstanding and their new friends, and to the local community and world community through outstanding speakers and special events. **GET CONNECTED – STAY CONNECTED!** This "connectivity" is a driving force underlying a member's participation. A special luncheon was held for our new members prior to our regular meeting in April.



The purpose was to provide an opportunity for our new members to meet each other and the members of the Management Team. The event was a great success. For an individual to feel part of an organization of 573 members, effort is required both on the part of existing members and the new members. The badges of new members contain a "star". Watch out for these individuals and help them to feel that they are a welcome addition to Beaver Valley Probus. Everyone is encouraged to join some of the Activity Groups coordinated by Joan Hammond; and to attend the Special Events coordinated by Stella Zahradnik.

Probus clubs pride themselves on their independence and freedom from the responsibilities of a service club. Members are not required to attend a minimum number of meetings and should not be in the position of having to comply with or refuse requests for money, or political or religious support for a cause, no matter how worthy the cause may be.

I hope that all members will feel connected to this club and will both volunteer and participate in our monthly meetings, activity groups and special events. You will enjoy the learning and the friendships that result.

At the next meeting on May 24 we will hear from Jim Wilson, President of the Canadian Lyme Disease Foundation. A topical subject, now we are in the garden, hiking and golfing again.

Howard Kitchen

ANNUAL GOLF EVENT – Monday, June 22, 2015

LOCATION: Shelburne Golf and Country Club

FORMAT: Shotgun 18 hole, team best ball

TEAMS: Organizers make up mixed teams based on golfing experience. All skill levels welcome.

TIME: 8:15am: Check-in and Goodies. 9:00am: Tee-off

COST: \$68.00 --- Includes morning coffee and muffins, power cart, lunch and prizes

Contact Bob Smithson or Garry Lamont

Bring your Cheque for \$68.00 made out to Beaver Valley Probus to the May Meeting



Upcoming Club Events

Come and enjoy **Carousel**, a Rodgers & Hammerstein musical, at the **Avon Theatre in Stratford**
Wednesday Oct 7, 2015, 2:00pm.

Far ahead of its time in confronting the issues at the heart of a troubled relationship, this wrenching musical drama features a luscious score that includes "You'll Never Walk Alone", "If I Loved You" and "June is Bustin Out all Over". Ticket cost is \$114.00 which includes theatre, bus and lunch at Anna Mae's in Millbank.

A waiting list has been started. PAYMENT BY CHEQUE ONLY. Stella Zahradnik

Once Again at the King's Wharf Theatre Penetanguishene

Our Probus Social Committee has arranged for 40 tickets at a group rate of \$37.50 on
Thurs. July 30 for the 2 PM matinee at King's Wharf.

The tickets are currently sold out however more may become available so add your name to the wait list by contacting Vicki Kellar

Our Annual Probus picnic

Will be on Tuesday July 14 as well as our bocce tournament at Rice's Pond located on 10th line, fire no. 416266. Bocce participants are to assemble at 2:30pm for a 3:00pm start. Dinner will begin at 5:30pm and will be catered by Sue Hickling/Lora Bay. The menu will be buffet style (includes vinaigrette coleslaw, spinach salad, **CHOICE of BBQ ROTISSERIE CHICKEN OR GRILLED SALMON**, assorted rolls, assorted squares garnished with strawberries. Disposable plates and cutlery. Beverages are not included so please bring your own. Be sure to bring a lawn chair. There are some picnic tables available but you may want to bring your own tables. The cost is \$20 per person; guests are welcome at \$25 per person. Please make cheques payable to Beaver Valley Probus Club. The cut off date is July 5th Tickets are available at our May 26th meeting payable by cheque only.

The SS Keewatin Tour

The SS Keewatin is located at Port McNicoll on Georgian Bay. The drive would take about 1-1/2 hrs with no stops with the **tour beginning at 10:30am**. Meeting place is the parking lot with free parking available; car pooling would be advisable. Please wear your Probus badges. **From the sign up sheets available at our April 28 meeting we are going forward with this tour on Thursday June 18th; therefore I am asking people that have signed up earlier to please bring a cheque for \$13.56 per person (\$12.00 plus HST) to our next meeting on May 26th. IF YOU HAVE SIGNED UP EARLIER BUT CANNOT MAKE THIS MEETING PLEASE CALL ME TO LET ME KNOW THAT YOU ARE STILL INTERESTED.** This tour includes the inside of the Keewatin which is truly a magical place and walk through time from 1907 until 1965. Visitors will see the dining room, kitchens, state rooms, etc. and this is followed by visits to the Captain's Quarters. This takes about 60 minutes. We also have an opportunity to look at the engine room which takes about 30 min. In total this will take 90 minutes. For full details of the ship [Click here](#)

There are many recommended restaurants for lunch, for details please [Click Here](#).

HEALTH and TRAVEL INSURANCE

A number of our members have enrolled in their choice of programs available through our working partner, Johnson Inc. Check out their special web site which can be found at www.johnson.ca/probus or call toll free to their office at 1-888-412-8822 and identify yourself as a member of Beaver Valley Probus. Let them know your needs and they will provide you with the information. Johnson Inc does not advertise as they only provide insurance to groups such as Probus. Give them a try and you will be pleasantly surprised at the coverage provided and the competitive charges.

EMERGENCY CONTACT INFORMATION

On your cell phone put in a contact as ICE (stands for "in case of emergency"), or even multiple listings ICE1, ICE2 etc in this way anyone picking up your phone can easily find your emergency contact number. In case of emergency (ICE) is a programme that enables first responders, such as paramedics, firefighters and police officers, to identify victims and contact their next of kin to obtain important medical information.

How DO Court Recorders
Keep a Straight Face?

[Click here](#) to find out and
enjoy

Law of the Theatre & Hockey Arena – At any event, the people whose seats are furthest from the aisle always arrive last. They are the ones who will leave their seats several times to go for food, beer, or the washroom and leave early before the end of the performance or the game is over. The folks in the aisle seats come early, never move once, have long gangly legs or big bellies and stay to the bitter end of the performance. The aisle people are also very surly folk.

Activity Group Update

SINGLES GOURMET: Our May theme is Asian. Our hosts are Bev Jahn and Gloria Thompson. The time is back to 6pm after the winter hours. Back in the 60's people took acid to be weird. Now they take Prozac to be normal. *Gloria Thompson*

TRAVEL: Thanks to everyone at the Activity Fair who registered their "bucket list" of travel destinations. The number one was Portugal and its Islands. This is a very interesting program. Many people said they had their travel plans set up already for the immediate future.... so this trip may be scheduled for April 2016. The 2nd on the list was Ireland and the close 3rd was Iceland. The 4th was Vietnam, which has become very popular, along with Cambodia and perhaps an added side trip to Laos. Thanks to all who stopped and showed so much interest. *Peter and Gloria*

SKI LEGENDS: for photographs of some very happy skiers at Sun Peaks [Click Here](#)

BOOK EXCHANGE: Nancy Hart has suggested a book exchange for all the book lovers in the Club. We will have a table at the next meeting. Please bring a book and take a book. The books should be in good condition and current. This is a trial run.

NORDIC POLE WALKING: The people carrying big sticks have been out and about [Click Here](#) to see some pictures.

CASUAL DINING: Last month there were 42 participants dining at the homes of five hosts. Dave and I were relieved that our first attempt at organizing the group worked! (Elaine and Bill McMurray, assisted by Janet and Bruce Leigh, had organized the group very capably for the past seven years.) We have new members but there is always room for more at the casual dining tables of our hosts. Basically diners bring one dish to accompany the main. Serving and cleanup is easy for everyone because the participants arrive with their own dishes and cutlery and do the cleanup later at home. We meet the second Thursday of every month to enjoy food and conversation. July and August are picnic months. Come join us! *Marge Allin*

The Master Gardener's Corner

Things to do in or for your garden in – May from *John Hethrington*

Things to do in your garden each month taken from the Ontario Master Gardener Calendar by John Hethrington, Past President, Master Gardeners of Ontario. For more information, or your copy of the 11" x 17" calendar of the full year's tips for a \$1 contribution to Master Gardeners.

- Clean up winter debris in the garden as soon as the soil is dry enough to work. Dig in manure or compost and weed well. An extra hour weeding now will save 3 later in the summer. Use a line to cut sharp straight edges for your beds.
- Add 3" to 4" of mulch to flower beds and shrubs to conserve moisture. Shredded cedar bark is best, but expensive.
- Don't walk on or roll lawns that are still full of water. It compacts the soil.
- If already compacted, rent an aerator and dig plugs out of the lawn. Let the plugs dry and rake them in.
- When dry, rake lawns vigorously to remove dead grass and thatch.
- Spread weed-free topsoil on patches in your lawn. Apply grass seed, roll and water. Keep seed moist, but don't flood.
- Prepare containers and pots and fill with a mixture of compost and potting soil. Be creative in plant choice. Mixtures of plants such as herbs, perennials and annuals can be quite successful as long as they have the same sun and water requirements.
- If you have very big or deep pots or planters, put some empty plastic water bottles in the bottom of the pot to take up space the roots will never get to. It make the planter or pot lighter and easier to move, if needed.
- Pot up your extra perennials for spring plant sales 2 weeks before the sale. Use your best compost. Add plant labels with name (botanical, if possible), colour, sun exposure, height, bloom time, etc. Water well and keep in the shade.
- Harden off seedlings for at least a week before planting. Find the last frost date for your area, and allow at least 2 weeks more before planting tender transplants such as tomatoes and corn. This year, probably into early June.
- Plant beans directly into the garden as they quickly germinate and will grow as long as the soil is warm. Maybe mid-May this year.
- Cage peonies.
- Monitor for the presence of slugs, cutworms, earwigs and tent caterpillars.
- Control weeds in the lawn by hand pulling. Use nematodes to control grubs which eat the grass roots leading to brown patches in the lawn in summer.
- Prune roses according to type.
- Dead head faded tulips and daffodils and other spring bulbs but do not cut or pull the leaves out until they are brown and decayed.
- If you have any fritillaries or lilies (day lilies are beetle free), now is the time to watch for the red lily beetle (adult, larva and eggs). So far, removal by hand is the best way to reduce the problem.

Our Speaker for May

JIM WILSON, President and Founder of the Canadian Lyme disease Foundation or "Canlyme"

Jim Wilson, or a delegate, will be the speaker. Speakers come from Lyme Ontario, Ontario Lyme Alliance, and other Lyme support groups. The effects are debilitating and the availability of a specific speaker at the time of our meeting depends on his/her condition at the time of presentation.

There were 300,000 cases of Lyme disease in the USA last year and a significant number of cases in Canada. The disease is caused by a tick – an 8-legged insect the size of a grain of sand. It is translucent and hard to see. Ticks live on deer. Learn about the symptoms of Lyme disease, habitats to avoid, what to do when a tick bites you, how to remove a tick and consequent diseases it carries.



Ticks hang out in the connective tissues in your body and devastate muscles, including the heart. It is necessary to be knowledgeable about ticks and immediately demand special specific antibiotic treatment, if you have been bitten by a tick. Do not let your doctors put you on 3 weeks of antibiotics.

Come and hear this information that you and your family should know.



Putting and Lunch

*Wednesday, Sept 9 Georgian Manor Resort Golf at 11 am.
Followed by Lunch and Prizes \$28.00 all-in-inclusive (Cash Bar)
Contact Ron Hartlen*



The Quiz this month tests your knowledge of gardens in the movies; it is slightly difficult, but I promise not to tell anyone if you get incorrect answers, so why not give it a try by

[Clicking here](#)

May winners are Zoe Knox,
Bruce Leigh & Jennifer Baker

2015 Bocce at the Picnic

It's time to plan for the "2015 Edition" of the "2014 Bocce Tournament", which takes place on Tuesday July 14th, at the Picnic. This is a unique situation. Due to last year's rain out, the 2015 teams will be essentially the same as registered for 2014.

The 2014 Team Captains have been alerted and some have already confirmed their participation. Let us know your Team players or how we can help, so preparation can be finalized. We will be available at Probus meetings on May 26th and June 23rd.

Dave Perham & Ken Kelley



Looking forward to seeing you at our next meeting at the Beaver Valley Community Centre on Tuesday May 26th starting with fellowship at 1.00-1.30pm

Newspaper Team

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Barb Thompson
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Mike Seagram

Support Group

Do you know of a member who needs encouragement to get through a difficult period?

Please do not hesitate to call **Marg Nattress** who is the contact for May or any one of the Management team.

Next months contact is Mary Anne Lawrie.

The Last Word

Submitted by Past President Catharine Pepper

Just as honey from the comb is sweet on your tongue,

You may be sure that wisdom is good for the soul.

(Proverbs 24:26)